

LUCAS OIL AMA PRO MOTOCROSS CHAMPIONSHIP
ROCKSTAR ENERGY SOUTHWICK NATIONAL
MOTO-X 338 - SOUTHWICK, MA
ROUND 10 OF 12 - AUGUST 28, 2010
WMX



INDIVIDUAL TIMES - WMX PRACTICE 1

1 Ashley Fiolek
Honda CRF250R

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	-	-	-	-
2	46.416	38.066	50.423	2:14.905
3	46.858	39.628	59.106	2:25.592
4	54.556	50.076	1:10.256	2:54.888
5	46.993	37.552	49.468	2:14.013
AVG	48.706	38.415	52.999	2:18.170
IDEAL	46.416	37.552	49.468	2:13.436

2 Jessica Patterson
Honda CRF250R

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	-	-	-	-
2	44.391	38.007	48.650	2:11.048
3	44.880	37.547	49.769	2:12.195
4	1:34.055	42.346	53.362	3:09.763
5	44.150	36.877	49.498	2:10.525
AVG	44.474	38.694	50.320	2:11.256
IDEAL	44.150	36.877	48.650	2:09.678

3 Sherri Cruse
Suzuki RM Z250

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	-	-	-	-
2	48.564	39.889	50.956	2:19.408
3	1:12.309	44.870	54.798	2:51.977
4	49.752	39.592	51.812	2:21.156
5	1:55.350	41.692	58.736	3:35.778
AVG	49.158	41.511	54.076	2:20.282
IDEAL	48.564	39.592	50.956	2:19.111

4 Sara Price
Kawasaki KX 250F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:30.186	39.277	50.909	-
2	2:18.771	46.412	56.502	4:01.684
3	45.282	38.225	50.921	2:14.428
AVG	45.282	38.751	52.777	2:14.428
IDEAL	45.282	38.225	50.921	2:14.428

5 Elizabeth Bash
Honda CRF250R

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:36.118	41.694	54.424	-
2	48.918	39.013	51.717	2:19.648
3	48.343	39.385	51.130	2:18.857
4	49.064	40.088	51.864	2:21.017
5	49.512	41.802	53.168	2:24.482
AVG	48.959	40.396	52.461	2:21.001
IDEAL	48.343	39.013	51.130	2:18.485

6 Vicki Golden
Yamaha YZ 250F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	-	-	-	-
2	48.337	40.054	52.705	2:21.096

3 50.206 41.590 55.714 2:27.510

4	48.026	39.474	52.426	2:19.925
5	49.055	41.807	54.297	2:25.159
AVG	49.166	40.903	54.171	2:24.240
IDEAL	48.026	39.474	52.426	2:19.925

7 Sarah Whitmore
KTM 250 SX-F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	-	-	-	-
2	47.575	39.206	54.349	2:21.130
3	1:59.541	40.177	51.890	3:31.608
4	47.204	39.030	52.334	2:18.567
5	47.325	39.936	51.481	2:18.742
AVG	47.368	39.587	52.513	2:19.480
IDEAL	47.204	39.030	51.481	2:17.715

8 Mariana Balbi
Yamaha YZ 250F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:32.517	39.496	53.021	-
2	48.019	39.544	52.947	2:20.510
3	2:09.357	42.917	54.328	3:46.602
4	47.274	39.195	51.141	2:17.610
AVG	47.647	40.288	52.859	2:19.060
IDEAL	47.274	39.195	51.141	2:17.610

9 Penni Cyrus
Kawasaki KX 250F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	-	-	-	-
2	48.552	42.627	54.153	2:25.332
3	57.407	48.639	1:04.152	2:50.198
4	49.708	40.971	54.501	2:25.180
AVG	51.889	44.079	57.602	2:33.570
IDEAL	48.552	40.971	54.153	2:23.676

10 Jacqueline Strong
Yamaha YZ 250F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	-	-	53.148	-
2	47.797	39.845	53.551	2:21.193
3	47.551	40.096	58.809	2:26.457
4	1:33.045	43.265	54.663	3:10.973
5	49.070	40.718	55.072	2:24.859
AVG	48.139	40.981	55.049	2:24.170
IDEAL	47.551	39.845	53.551	2:20.947

12 Tatum Sik
Yamaha YZ 250F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	-	-	53.905	-
2	50.739	40.571	52.935	2:24.244
3	49.190	40.905	53.018	2:23.113
4	49.623	46.218	1:04.824	2:40.665
5	53.488	1:04.761	1:02.742	3:00.992
AVG	50.760	42.565	55.650	2:29.341
IDEAL	49.190	40.571	52.935	2:22.696

13 Ashley Boham
Kawasaki KX 250F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	-	-	54.701	-
2	53.198	43.251	56.108	2:32.557
3	1:34.919	42.626	55.243	3:12.788
4	52.324	42.245	54.679	2:29.248
5	51.635	42.189	55.458	2:29.282
AVG	52.386	42.578	55.238	2:30.362
IDEAL	51.635	42.189	54.679	2:28.503

17 Jackie Ives
Yamaha YZ 250F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:41.105	43.709	57.396	-
2	55.583	44.583	58.804	2:38.970
3	53.027	42.596	59.149	2:34.772
4	55.271	42.652	55.951	2:33.873
AVG	54.627	43.385	57.825	2:35.872
IDEAL	53.027	42.596	55.951	2:31.573

18 Tarah Geiger
Honda CRF250R

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	-	-	-	-
2	45.033	38.145	49.444	2:12.621
3	45.516	37.596	49.225	2:12.337
4	2:07.196	50.249	1:00.838	3:58.283
5	46.992	39.991	53.820	2:20.803
AVG	45.847	38.577	50.829	2:15.254
IDEAL	45.033	37.596	49.225	2:11.853

19 Nicole Madsen
Yamaha YZ 250F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	-	-	55.965	-
2	50.987	43.054	57.795	2:31.836
3	50.624	41.927	55.873	2:28.423
4	2:57.802	42.664	1:05.206	4:45.672
AVG	50.805	42.548	58.710	2:30.130
IDEAL	50.624	41.927	55.873	2:28.423

20 Hailey Larson
Yamaha YZ 250F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	-	-	-	-
2	1:53.818	41.284	54.654	3:29.755
3	49.582	41.049	54.007	2:24.639
4	2:26.005	43.816	59.938	4:09.758
AVG	49.582	42.050	56.200	2:24.639
IDEAL	49.582	41.049	54.007	2:24.639

21 Danielle Sawicki
Kawasaki KX250F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	-	-	-	-
2	1:07.087	44.353	54.837	2:46.277
3	50.193	42.102	55.736	2:28.030

P - lap ended in the pits - lap ended on a red flag

Average laptime is the average of laptimes within 120% of the rider's fastest lap in this session



INDIVIDUAL TIMES - WMX PRACTICE 1

21 Danielle Sawicki
Kawasaki KX250F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
4	50.372	42.988	56.335	2:29.694
5	53.475	42.758	57.324	2:33.557
AVG	51.923	42.873	56.829	2:31.626
IDEAL	50.193	42.102	54.837	2:27.132

22 Julie Anne Parizek
Kawasaki KX 250F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	-	-	52.906	-
2	49.989	41.033	53.816	2:24.838
3	50.572	41.783	54.538	2:26.893
4	50.628	43.021	55.246	2:28.894
5	54.012	42.328	53.191	2:29.531
AVG	51.300	42.041	53.939	2:27.539
IDEAL	49.989	41.033	53.191	2:24.213

25 Heidi Cooke
Suzuki RM 250

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	-	-	-	-
2	48.818	40.102	51.775	2:20.694
3	51.567	39.726	57.620	2:28.913
4	50.063	40.190	54.984	2:25.236
5	57.306	44.908	57.887	2:40.102
AVG	51.938	41.232	55.567	2:28.736
IDEAL	48.818	39.726	51.775	2:20.318

30 Lindsey Palmer
Honda CRF250R

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	-	-	54.289	-
2	51.443	41.136	54.273	2:26.851
3	49.869	41.356	53.652	2:24.877
4	51.650	41.238	54.343	2:27.232
5	50.817	39.953	53.401	2:24.171
AVG	50.945	40.921	53.992	2:25.783
IDEAL	49.869	39.953	53.401	2:23.223

32 Krisa Sweeney
Kawasaki KX 250F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	-	-	55.254	-
2	51.980	42.505	54.729	2:29.214
3	50.472	42.129	54.424	2:27.025
4	50.878	43.016	53.912	2:27.806
5	52.717	41.853	54.628	2:29.198
AVG	51.511	42.376	54.590	2:28.311
IDEAL	50.472	41.853	53.912	2:26.237

34 Brittany Gagne
Suzuki RMZ250

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	-	-	53.222	-
AVG	-	-	53.222	-
IDEAL	-	-	-	-

36 Katelyn Crowley
Suzuki RM Z250

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	-	-	53.959	-
2	50.436	41.400	53.506	2:25.342
3	50.474	42.573	54.393	2:27.440
4	52.513	42.590	56.087	2:31.189
5	56.153	1:25.705	1:00.869	3:22.727
AVG	52.394	42.188	55.763	2:27.990
IDEAL	50.436	41.400	53.506	2:25.342

44 Jennifer Mead
Suzuki RM Z250

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:44.766	46.903	57.863	-
2	53.872	45.429	1:01.316	2:40.617
3	54.204	45.921	59.625	2:39.750
4	1:00.433	48.092	1:00.932	2:49.457
AVG	56.170	46.586	59.934	2:43.275
IDEAL	53.872	45.429	59.625	2:38.927

51 Erica Cook
Yamaha YZ 250F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	-	-	56.269	-
2	52.659	43.338	56.982	2:32.979
3	49.813	41.201	54.034	2:25.047
4	52.700	41.222	55.126	2:29.048
5	55.523	45.453	59.426	2:40.402
AVG	52.674	42.804	56.367	2:31.869
IDEAL	49.813	41.201	54.034	2:25.047

54 Alexah Pearson
Yamaha YZ 250F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	-	-	53.529	-
2	49.322	40.154	52.259	2:21.735
3	48.822	40.692	55.220	2:24.734
4	49.821	40.888	57.133	2:27.842
5	49.199	39.617	51.426	2:20.242
AVG	49.291	40.338	53.913	2:23.638
IDEAL	48.822	39.617	51.426	2:19.865

68 Marghi Nora
Honda CRF250R

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	-	-	-	-
2	2:06.776	53.580	1:10.158	4:10.514
3	1:04.858	51.471	1:51.955	3:48.284
4	1:05.979	53.478	1:09.707	3:09.164
AVG	1:05.419	52.843	1:09.933	3:09.164
IDEAL	1:04.858	51.471	1:09.707	3:06.036

72 Sade Allender
Kawasaki KX250F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	-	-	52.172	-
2	51.829	40.824	53.034	2:25.687

3 50.370 40.697 55.649 2:26.716
 4 50.186 40.630 58.613 2:29.429
 AVG 50.689 40.712 55.023 2:27.137
 IDEAL 50.186 40.630 53.034 2:23.850

78 Jenna Smith
KTM 250SXF

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	-	-	56.245	-
2	52.517	42.167	56.299	2:30.983
3	51.913	42.248	57.408	2:31.569
4	52.150	41.758	56.628	2:30.536
5	53.469	42.198	56.259	2:31.927
AVG	52.512	42.093	56.568	2:31.254
IDEAL	51.913	41.758	56.259	2:29.930

81 Marissa Markelon
Kawasaki KX 250F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	-	-	-	-
2	48.256	39.375	52.846	2:20.477
3	47.892	40.801	53.146	2:21.838
4	47.915	40.024	51.819	2:19.758
5	50.132	39.668	51.554	2:21.353
AVG	48.548	39.967	52.341	2:20.857
IDEAL	47.892	39.375	51.554	2:18.820

84 Melissa Morrow
Suzuki RMZ250

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	-	-	55.636	-
2	52.097	42.490	54.297	2:28.884
3	48.861	41.375	52.960	2:23.196
4	52.293	41.358	55.375	2:29.027
5	50.222	46.639	57.078	2:33.938
AVG	50.868	42.966	55.069	2:28.761
IDEAL	48.861	41.358	52.960	2:23.179