



450 Motocross

INDIVIDUAL TIMES - 450 GROUP A PRACTICE 2

5 Ryan Dungey
Suzuki RMZ 450

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:29.315	40.202	49.113	-
2	43.222	36.320	57.174	2:16.716
3	39.823	34.132	45.016	1:58.970
4	1:29.274	36.761	49.472	2:55.507
5	1:09.445	37.844	52.624	2:39.913
6	39.697	34.140	44.263	1:58.100
7	43.497	38.653	48.186	2:10.336
AVG	41.560	36.865	48.112	2:06.031
IDEAL	39.697	34.132	44.263	1:58.092

10 Thomas Hahn
Suzuki RMZ 450

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:26.951	38.507	48.444	-
2	42.237	36.621	57.370	2:16.228
3	40.963	34.306	44.841	2:00.110
4	1:30.738	38.108	47.472	2:56.318
5	41.186	34.639	48.509	2:04.334
6	41.474	34.217	46.111	2:01.802
7	1:56.250	45.802	1:03.404	3:45.456
AVG	41.465	36.066	47.075	2:05.618
IDEAL	40.963	34.217	44.841	2:00.021

14 Kevin Windham
Honda CRF450R

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:46.479	43.743	1:04.736	-
2	41.282	35.050	46.038	2:02.370
3	41.590	48.897	1:00.631	2:31.118
4	1:50.856	45.218	55.138	3:31.213
5	51.746	42.265	51.461	2:25.472
6	1:43.324	35.573	57.833	3:16.730
AVG	41.436	35.312	50.879	2:13.921
IDEAL	41.282	35.050	46.038	2:02.370

16 John Dowd
Kawasaki KX 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:35.424	42.137	53.287	-
2	42.465	36.150	51.115	2:09.731
3	41.185	35.777	45.696	2:02.658
4	43.508	37.180	45.682	2:06.370
5	3:33.820	37.085	50.104	5:01.008
6	47.357	36.832	45.706	2:09.896
AVG	43.629	37.527	48.598	2:07.164
IDEAL	41.185	35.777	45.682	2:02.644

23 Justin Brayton
Yamaha YZ 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:30.498	39.012	51.486	-
2	42.827	35.471	46.583	2:04.881
3	43.395	35.879	49.297	2:08.571
4	1:22.355	35.097	45.739	2:43.191

5 40.773 35.133 45.620 2:01.527
6 42.400 35.808 48.395 2:06.603
7 43.170 35.965 47.014 2:06.149
 AVG 42.223 35.937 47.469 2:04.876
 IDEAL 40.773 35.097 45.620 2:01.491

24 Brett Metcalfe
Honda CRF450R

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:31.426	40.607	50.819	-
2	40.731	34.068	45.546	2:00.345
3	40.957	34.461	45.734	2:01.152
4	40.922	34.384	50.492	2:05.798
5	1:16.528	41.743	49.659	2:47.930
6	39.720	33.776	45.325	1:58.821
7	39.876	34.244	44.178	1:58.298
AVG	40.441	34.187	47.393	2:00.883
IDEAL	39.720	33.776	44.178	1:57.675

26 Michael Byrne
Yamaha YZ 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	2:02.180	45.343	1:16.837	-
2	41.809	35.682	46.372	2:03.862
3	43.774	37.188	46.735	2:07.697
4	1:41.154	43.990	58.193	3:23.337
5	41.794	36.130	45.481	2:03.406
6	1:26.506	51.933	57.794	3:16.233
AVG	42.459	36.333	46.196	2:04.988
IDEAL	41.794	35.682	45.481	2:02.958

27 Nicholas Wey
Kawasaki KX 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:38.627	37.287	1:01.340	-
2	41.843	35.714	45.325	2:02.881
3	49.499	41.555	51.762	2:22.817
4	41.156	35.708	45.013	2:01.877
5	41.792	35.469	44.815	2:02.076
6	52.254	36.513	48.337	2:17.104
7	42.366	39.392	53.080	2:14.838
AVG	41.789	37.377	48.055	2:10.265
IDEAL	41.156	35.469	44.815	2:01.440

29 Andrew Short
Honda CRF450R

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:25.267	36.601	48.666	-
2	41.199	35.047	45.836	2:02.082
3	40.201	35.182	46.556	2:01.939
4	49.152	36.260	51.858	2:17.270
5	40.574	34.384	46.587	2:01.545
6	41.463	35.095	45.965	2:02.523
7	40.909	35.564	45.786	2:02.259
8	50.352	39.045	51.338	2:20.735
AVG	40.869	35.897	47.824	2:06.908
IDEAL	40.201	34.384	45.786	2:00.371

35 Matthew Goerke
Yamaha YZ 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:42.359	48.771	53.588	-
2	41.314	34.712	45.918	2:01.943
3	41.357	41.233	45.224	2:07.814
4	1:02.981	45.927	56.561	2:45.469
5	40.906	34.490	45.315	2:00.711
6	58.702	45.696	54.167	2:38.565
AVG	41.192	36.812	48.842	2:03.489
IDEAL	40.906	34.490	45.224	2:00.620

41 Kyle Regal
Honda CRF450R

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:33.833	41.418	52.415	-
2	41.939	34.635	45.278	2:01.851
3	41.507	40.950	52.441	2:14.898
4	41.279	34.821	46.115	2:02.215
5	1:17.250	40.913	57.684	2:55.848
6	46.467	38.370	1:01.975	2:26.811
AVG	42.798	38.518	49.062	2:06.321
IDEAL	41.279	34.635	45.278	2:01.191

42 Ben Evans
Kawasaki KX 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:26.418	37.683	48.735	-
2	43.623	36.641	45.794	2:06.058
3	42.924	35.650	46.090	2:04.664
4	41.812	35.419	45.720	2:02.952
5	41.537	35.295	46.248	2:03.080
6	42.882	35.807	54.594	2:13.283
7	41.403	36.202	45.674	2:03.279
8	42.811	35.387	52.049	2:10.247
AVG	42.427	36.011	48.113	2:06.223
IDEAL	41.403	35.295	45.674	2:02.372

43 Steven Clarke
Suzuki RMZ 450

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:43.790	40.179	1:03.611	-
2	42.785	35.218	46.092	2:04.095
3	42.765	35.340	1:08.769	2:26.874
4	41.514	46.623	1:31.913	3:00.050
5	41.635	36.057	46.293	2:03.984
6	1:47.399	50.298	1:00.909	3:38.605
AVG	42.175	36.699	46.192	2:11.651
IDEAL	41.514	35.218	46.092	2:02.823

46 Ryan Sipes
Yamaha YZ 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:22.499	36.049	46.450	-
2	41.731	35.454	46.001	2:03.186
3	41.265	44.963	1:04.267	2:30.495
4	41.785	34.986	46.186	2:02.957

P - lap ended in the pits - lap ended on a red flag

Average laptime is the average of laptimes within 120% of the rider's fastest lap in this session

LUCAS OIL AMA PRO MOTOCROSS CHAMPIONSHIP
 ROCKSTAR ENERGY SOUTHWICK NATIONAL
 MOTO-X 338 - SOUTHWICK, MA
 ROUND 10 OF 12 - AUGUST 28, 2010



450 Motocross

INDIVIDUAL TIMES - 450 GROUP A PRACTICE 2

46 Ryan Sipes
Yamaha YZ 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
5	43.256	42.625	55.883	2:21.763
6	41.684	35.451	45.757	2:02.892
AVG	42.470	35.451	45.757	2:12.328
IDEAL	41.265	34.986	45.757	2:02.008

55 Kyle Chisholm
Yamaha YZ 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:24.976	35.747	49.229	-
2	41.204	34.157	45.652	2:01.013
3	52.614	40.003	54.204	2:26.821
4	45.530	40.587	49.620	2:15.738
5	43.346	36.765	52.489	2:12.600
6	1:14.340	34.771	50.708	2:39.819
7	41.974	37.446	1:12.104	2:31.524
AVG	43.013	37.068	50.317	2:09.783
IDEAL	41.204	34.157	45.652	2:01.013

58 Weston Peick
Yamaha YZ 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:32.354	41.310	51.044	-
2	42.010	35.950	46.889	2:04.849
3	42.204	35.838	47.438	2:05.479
4	47.436	38.979	51.438	2:17.853
5	42.995	36.154	47.218	2:06.367
6	42.566	42.389	1:02.130	2:27.085
7	42.542	35.620	47.450	2:05.612
AVG	43.292	38.034	48.580	2:11.208
IDEAL	42.010	35.620	46.889	2:04.519

63 Sean Borkenhagen
Kawasaki KX 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:35.273	42.490	52.783	-
2	42.730	36.005	48.009	2:06.744
3	43.425	36.632	51.711	2:11.768
4	49.592	41.870	54.289	2:25.751
5	43.591	35.968	48.049	2:07.608
6	43.129	37.505	48.700	2:09.333
7	57.062	42.880	1:03.052	2:42.994
AVG	44.493	39.050	50.590	2:12.241
IDEAL	42.730	35.968	48.009	2:06.707

68 Robert Kiniry
Suzuki RMZ 450

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:41.845	43.234	58.611	-
2	1:21.694	36.226	47.485	2:45.405
3	41.749	35.077	46.707	2:03.533
4	43.458	35.149	45.626	2:04.233
5	51.667	42.662	51.927	2:26.256
6	41.436	35.623	47.728	2:04.787
7	1:22.377	45.737	1:03.263	3:11.377

AVG 42.215 35.519 47.895 2:09.702
 IDEAL 41.436 35.077 45.626 2:02.139

73 Ben LaMay
Yamaha YZ 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:29.812	39.813	49.999	-
2	41.981	35.481	46.678	2:04.140
3	42.283	36.109	46.320	2:04.712
4	41.821	35.695	47.567	2:05.083
5	42.081	35.604	51.078	2:08.764
6	1:25.938	44.525	1:03.178	3:13.641
7	40.915	35.465	49.421	2:05.801
AVG	41.816	36.361	48.510	2:05.700
IDEAL	40.915	35.465	46.320	2:02.700

88 Ricky Renner
KTM 450 XC

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:42.347	51.156	51.191	-
2	42.765	35.279	46.385	2:04.429
3	-	-	1:29.512	3:41.659
AVG	42.765	35.279	48.788	2:04.429
IDEAL	42.765	35.279	46.385	2:04.429

101 Ben Townley
Honda CRF450R

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:25.174	40.083	45.091	-
2	40.751	33.950	45.488	2:00.189
3	40.358	33.872	45.322	1:59.552
4	2:53.565	43.229	47.962	4:24.756
5	39.258	33.970	44.609	1:57.837
AVG	40.122	35.469	45.694	1:59.192
IDEAL	39.258	33.872	44.609	1:57.739

122 Daniel Reardon
Yamaha YZ 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:36.777	43.481	53.296	-
2	41.882	34.677	46.780	2:03.339
3	48.890	40.446	47.341	2:16.677
4	46.749	40.484	52.463	2:19.697
5	41.818	35.120	45.966	2:02.904
6	56.287	43.250	54.245	2:33.782
7	41.793	36.099	57.071	2:14.963
AVG	44.227	37.365	50.015	2:11.516
IDEAL	41.793	34.677	45.966	2:02.436

134 Travis Sewell
Yamaha YZ 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:32.902	41.328	51.574	-
2	50.228	40.601	54.126	2:24.955
3	41.667	34.752	46.218	2:02.638
4	40.746	34.946	47.153	2:02.845
5	1:03.565	40.001	55.453	2:39.019
6	41.376	34.007	45.750	2:01.134

7 1:24.699 43.347 49.502 2:57.547
 AVG 41.263 36.861 49.118 2:07.893
 IDEAL 40.746 34.007 45.750 2:00.503

140 Johnny Moore
Honda CRF450R

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:39.220	43.798	55.422	-
2	53.152	45.384	1:03.345	2:41.881
3	42.823	35.401	47.705	2:05.929
4	56.351	45.835	1:11.739	2:53.925
5	42.972	35.390	46.553	2:04.915
6	55.434	40.927	1:01.404	2:37.765
AVG	42.897	37.239	49.893	2:05.422
IDEAL	42.823	35.390	46.553	2:04.766

167 Ryan Mills
Honda CRF450R

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:32.889	39.366	53.523	-
2	41.950	35.165	45.979	2:03.094
3	1:36.798	42.101	52.857	3:11.756
4	42.153	34.860	44.938	2:01.950
5	54.811	39.884	51.594	2:26.289
6	43.582	36.904	47.418	2:07.903
AVG	42.561	37.236	49.385	2:09.809
IDEAL	41.950	34.860	44.938	2:01.747

209 Heath Harrison
Kawasaki KX 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:27.091	37.707	49.384	-
2	43.344	35.966	46.820	2:06.131
3	42.738	36.379	46.317	2:05.434
4	42.104	36.116	1:01.068	2:19.288
5	1:03.254	47.449	54.711	2:45.415
6	43.432	35.095	47.639	2:06.165
7	42.520	36.029	46.480	2:05.029
AVG	42.828	36.215	48.559	2:08.409
IDEAL	42.104	35.095	46.317	2:03.516

241 Derek Anderson
Kawasaki KX 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:36.854	43.238	53.616	-
2	1:29.794	36.667	1:16.374	3:22.835
3	45.469	35.834	1:28.258	2:49.560
4	44.974	44.245	1:06.925	2:36.145
AVG	45.222	36.251	1:05.638	2:42.853
IDEAL	44.974	35.834	1:06.925	2:27.734

251 Joshua Clark
Honda CRF450R

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:24.591	36.345	48.246	-
2	42.286	34.950	46.039	2:03.276
3	40.883	35.214	45.385	2:01.482
4	41.768	35.251	47.758	2:04.777

P - lap ended in the pits R - lap ended on a red flag

Average laptime is the average of laptimes within 120% of the rider's fastest lap in this session

LUCAS OIL AMA PRO MOTOCROSS CHAMPIONSHIP
 ROCKSTAR ENERGY SOUTHWICK NATIONAL
 MOTO-X 338 - SOUTHWICK, MA
 ROUND 10 OF 12 - AUGUST 28, 2010



450 Motocross

INDIVIDUAL TIMES - 450 GROUP A PRACTICE 2

251 Joshua Clark
Honda CRF450R

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
5	42.440	35.864	48.236	2:06.540
6	1:09.313	38.237	50.656	2:38.206
7	41.639	40.383	57.420	2:19.442
AVG	42.039	38.161	49.446	2:12.991
IDEAL	40.883	34.950	45.385	2:01.218

292 Austin Howell
Suzuki RMZ 450

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:30.826	39.096	51.730	-
2	42.322	35.921	46.816	2:05.058
3	42.260	34.674	45.181	2:02.115
4	42.451	35.504	46.642	2:04.596
5	41.466	35.398	46.851	2:03.716
6	42.475	34.720	46.965	2:04.160
7	42.685	37.211	47.370	2:07.266
AVG	42.276	36.075	47.365	2:04.485
IDEAL	41.466	34.674	45.181	2:01.321

309 Spencer Dally
Suzuki RMZ 450

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:39.953	43.547	56.406	-
2	43.809	36.267	47.315	2:07.391
3	43.074	36.780	47.211	2:07.066
4	50.563	42.731	56.365	2:29.658
5	41.901	35.796	46.919	2:04.616
6	51.090	42.833	53.764	2:27.687
7	41.980	36.100	46.511	2:04.590
AVG	42.691	38.418	48.344	2:10.270
IDEAL	41.901	35.796	46.511	2:04.207

351 Shane Sewell
Yamaha YZ 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:52.641	47.176	1:05.465	-
2	43.551	35.720	48.736	2:08.007
3	42.138	35.764	47.259	2:05.161
4	42.499	36.117	48.014	2:06.631
5	42.999	35.639	46.112	2:04.750
6	52.730	48.546	56.512	2:37.788
7	50.605	42.989	57.347	2:30.941
AVG	42.797	35.810	47.530	2:06.137
IDEAL	42.138	35.639	46.112	2:03.889

606 Ronnie Stewart
Suzuki RMZ 450

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:33.652	42.473	51.179	-
2	43.464	37.431	46.867	2:07.761
3	42.989	35.855	47.153	2:05.998
4	51.589	42.773	55.476	2:29.837
5	42.246	37.782	52.672	2:12.701

AVG	42.900	39.263	50.669	2:14.074
IDEAL	42.246	35.855	46.867	2:04.968

687 Garret Toth
Suzuki RMZ 450

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:35.258	39.594	55.664	-
2	43.034	35.502	46.840	2:05.376
3	43.572	36.153	47.529	2:07.253
4	43.582	35.554	47.065	2:06.200
5	43.369	36.619	47.224	2:07.212
6	51.365	38.755	52.689	2:22.809
7	43.469	36.969	48.009	2:08.446
AVG	44.732	37.021	49.288	2:09.549
IDEAL	43.034	35.502	46.840	2:05.376

707 Alexander Millican
Yamaha YZ 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:29.715	39.040	50.675	-
2	43.864	38.200	49.124	2:11.189
3	44.154	36.411	47.028	2:07.593
4	42.353	2:03.375	53.722	3:39.449
5	45.854	42.281	55.112	2:23.247
6	44.222	38.147	49.586	2:11.955
AVG	44.089	38.816	50.875	2:13.496
IDEAL	42.353	36.411	47.028	2:05.792

774 Robby Marshall
Kawasaki KX 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:33.492	36.105	57.387	-
2	40.431	34.830	45.411	2:00.672
3	41.172	35.390	45.249	2:01.810
4	41.764	36.105	45.640	2:03.509
5	49.653	42.582	50.420	2:22.655
6	41.532	34.865	49.680	2:06.077
7	1:54.252	34.550	45.012	3:13.814
AVG	41.225	35.308	46.902	2:06.944
IDEAL	40.431	34.550	45.012	1:59.993

800 Mike Alessi
KTM 350 SXF

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:21.964	35.397	46.587	-
2	41.348	34.399	44.695	2:00.441
3	40.946	34.598	46.223	2:01.767
4	1:21.414	43.404	55.624	3:00.441
5	40.778	34.313	45.766	2:00.857
6	42.136	35.126	45.123	2:02.385
7	2:05.281	45.085	1:01.618	3:51.984
AVG	41.302	34.767	45.679	2:01.363
IDEAL	40.778	34.313	44.695	1:59.786

862 Ozzy Barbaree
Suzuki RMZ 450

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:38.595	44.044	54.551	-

2	43.034	37.515	46.588	2:07.137
3	42.981	38.109	48.401	2:09.491
4	48.452	40.426	53.039	2:21.918
5	42.788	2:27.088	52.074	4:01.950
6	44.635	37.394	49.100	2:11.129
AVG	44.154	39.167	50.049	2:11.362
IDEAL	42.788	37.394	46.588	2:06.770

864 Austin Haight
Honda CRF450R

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:26.790	37.492	49.298	-
2	44.575	36.352	48.565	2:09.492
3	43.756	36.252	47.804	2:07.812
4	43.715	36.769	48.254	2:08.738
5	44.235	37.436	48.098	2:09.769
6	45.536	37.738	48.989	2:12.263
7	49.846	42.393	50.831	2:23.071
AVG	45.277	37.776	48.834	2:11.857
IDEAL	43.715	36.252	47.804	2:07.771

958 Aden de Jager
Kawasaki KX 450F

LAP	SEG 1	SEG 2	SEG 3	LAPTIME
1	1:47.102	48.684	58.418	-
2	44.278	38.177	50.632	2:13.087
3	44.118	47.249	1:01.210	2:32.577
4	44.233	38.854	49.422	2:12.509
5	43.597	37.015	48.362	2:08.973
6	43.648	36.805	49.913	2:10.366
7	43.717	37.671	47.992	2:09.380
AVG	43.932	37.704	49.264	2:14.482
IDEAL	43.597	36.805	47.992	2:08.394